

## CLAIMS

What is claimed is:

1. In an adhesive bandage comprising a flexible backing, a pressure-sensitive  
5 adhesive on one side of said backing, a pad attached to said backing on the  
adhesive-faced side, said pad being positioned intermediate transverse edges of said  
backing; the improvement wherein the non-adhesive side of said backing is provided  
with markings indicating care instructions for a wound.

10 2. The adhesive bandage of claim 1 wherein the markings are text markings.

3. The adhesive bandage of claim 2 wherein the text markings indicate the day the  
bandage was applied.

15 4. The adhesive bandage of claim 2 wherein the text markings indicate the day the  
bandage should be changed.

5. The adhesive bandage of claim 2 wherein the text markings indicate proscriptive  
care instructions.

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6. The adhesive bandage of claim 1 wherein the markings further indicate where  
additional text or indicia should be added to the bandage.

7. The adhesive bandage of claim 6 wherein the markings include a line for the  
25 addition of text or other wound care indicia.

8. The adhesive bandage of claim 1 wherein the care instructions indicate when the  
bandage should be changed.

9. The adhesive bandage of claim 1 wherein the markings indicate the day the bandage was applied.

10. The adhesive bandage of claim 1 wherein the care instructions reference a wound protocol; and wherein the wound protocol is associated with at least one care instruction.

11. The adhesive bandage of claim 1 wherein the markings is a color; and wherein the color is associated with at least one care instruction.

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12. The adhesive bandage of claim 11 wherein the color is associated with a particular day of the week; and wherein the adhesive bandage was applied on said particular day.

15 13. The adhesive bandage of claim 11 wherein the color is associated with a particular day of the week; and wherein said adhesive bandage should be changed by said particular day of the week.

14. The adhesive bandage of claim 1 further comprising an adhesive label applied to the non-adhesive side of said backing, wherein the adhesive label includes the markings indicating care instructions for a wound.

15. The adhesive bandage of claim 1 wherein the pressure sensitive adhesive covers substantially the entire adhesive-faced side of the backing.

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16. A method allowing for a visible indication that a bandage should be changed, the method comprising the steps of:

maintaining a supply of bandages, wherein each bandage in said supply is marked with one of seven different colors, and wherein said supply of bandages includes bandages from all of the seven different colors;

associating each of the seven different colors with a different day of the week;  
and

applying one of said bandages to a patient, wherein the bandage is marked  
with the color associated with the then-current day of the week.

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17. A method allowing for a visible indication that a bandage should be changed,  
the method comprising the steps of:

maintaining a supply of bandages, wherein each bandage in said supply is  
marked with one of seven different colors, and wherein said supply of bandages  
10 includes bandages from all of the seven different colors;

associating each of the seven different colors with a different day of the week;  
and

applying one of said bandages to a patient, wherein the bandage is marked  
with the color associated with the day of the week on which removal of said bandage  
15 is intended.

18. A method allowing for a visible indication that a bandage should be changed,  
the method comprising the steps of:

maintaining a supply of bandages, wherein each bandage in said supply is  
20 marked with one of set of different markings, and wherein said supply of bandages  
includes bandages from all of the set of different markings;

associating each marking of the set of different markings with a different  
wound protocol; and

applying one of said bandages to a wound of a patient, wherein the bandage  
25 is marked with the marking associated with a desired wound protocol to be applied  
to the wound.

19. The method of claim 18 wherein the markings are text markings.

30 20. The method of claim 18 wherein the markings are color markings.

21. The method of claim 18 wherein the markings are symbols.

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